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He has a keen interest in training therapists in research skills and is a co-author of *Introducing Counselling and Psychotherapy Research* (SAGE, 2013). He is also co-editor of *The SAGE Handbook of Counselling and Psychotherapy* (4th edition) (SAGE, 2017) and the lead editor of *Adolescent Counselling Psychology* (Routledge, 2013).

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This landmark handbook brings together the fundamentals of counselling children and young people theory, research, skills and practice. It addresses what every successful trainee or practitioner needs to know in a way that is comprehensive, accessible and jargon-free. Divided into four parts, it covers: theory and practice approaches, including chapters on child development, person-centred, psychodynamic, CBT, Gestalt approaches, and more counselling process, including chapters on the therapeutic relationship, skills, groupwork, supervision practice issues, including chapters on law and policy, ethics, diversity, challenging behaviour practice settings, including chapters on health and social care settings, school and education, multi-agency and collaboration. Each

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chapter includes a chapter introduction and summary, reflective questions and activities, helping trainees to cement their learning. With chapters contributed by leading experts and academics in the field, this book is essential reading for trainees and practitioners working with children and young people.

Research is a vital and often daunting component of many counselling and psychotherapy courses. As well as completing their own research projects, trainees across modalities must understand the research in the field - what it tells them and how to do it.

Breaking down this seemingly mountainous task into easy to swallow pieces, this book will navigate your students through each stage of the research process, from choosing a research question, through the pros and cons of different methods, to data analysis and writing up their findings. Written by leading contributors from the field including John McLeod, Mick Cooper and Tim Bond, each chapter features points for reflection, engaging activities and suggestions for further reading, helping students to engage with all aspects of research. An original graphic narrative runs throughout the book, bringing this complex topic to life in a unique way. Whether embarking on research for the first time or already a little familiar with research and research methods, this unique guide is something counselling and psychotherapy students will turn to continually throughout their research projects.

A landmark publication in its field, The Handbook of Counseling is the authoritative voice of the counseling profession. Comprehensive in its scope, this text

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explores how the field has developed, the current state of the discipline, and where this dynamic profession is going.

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