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Why Love Matters. How affection shapes our brain, affects our heart. Changes our behaviour.

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Why Love Matters: How Affection Shapes a Baby's Brain ... Why Love Matters explains why loving relationships are essential to brain development in the early years, and how these early interactions can have lasting consequences for future emotional and physical health. This second edition follows on from the success of the first, updating the scientific research, covering recent findings in genetics and

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the mind/body connection, and including a new chapter highlighting our growing understanding of the part also played by pregnancy in shaping a baby ...

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Why Love Matters explains why loving relationships are essential to brain development in the early years, and how these early interactions can have lasting consequences for future emotional and physical health. This second edition follows on from the success of the first, updating the scientific research, covering recent findings in genetics and the mind/body connection, and including a new chapter highlighting our growing understanding of the part also played by pregnancy in shaping a baby ...

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the centre of the brain) including nurturing abilities. But what really makes humans human is basically the massive post-natal development of the outer layers of the brain, the cerebral cortex.

Why Love Matters: How Affection Shapes a Baby ' s Brain  
Why Love Matters is a very read-able and accessible foray into the world of attachment between a baby and their caregiver. Gerhardt uses scientific evidence to illustrate the importance of a loving bond but does so in a way that is easy to follow. I believe that this book is useful for practitioners but also invaluable for parents.

Why Love Matters: How Affection Shapes a Baby's Brain by

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Editions of Why Love Matters: How Affection Shapes a Baby ...

Why love matters: How affection shapes a baby ' s brain. In Why Love Matters (2004) psychotherapist Sue Gerhardt covers a plethora of research on early parent-baby relationships, attachment, emotional and brain development in early life and how these are linked with adult physical, emotional, psychological and spiritual concerns. Gerhardt ' s clinical practice and expertise stems from her many years of working with mothers and babies in private practice.

Why Love Matters: Attachment Theory in Psychotherapy Why Love Matters: How Affection Shapes a Baby's Brain. by Sue Gerhardt. 264pp, Routledge, £9.99. When researchers studied the brains of Romanian orphans - children who had been left to cry in ...

Review: Why Love Matters by Sue Gerhardt

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Why Love Matters: How Affection Shapes a Baby's Brain. Sue Gerhardt. Routledge, Jun 24, 2004- Psychology- 256 pages. 0Reviews. Why Love Matters explains why love is essential to brain development...

Why Love Matters: How Affection Shapes a Baby's Brain ... Why Love Matters explains why loving relationships are essential to brain development in the early years, and how these early interactions can have lasting consequences for future emotional and physical health. This second edition follows on from the success of the first, updating the scientific research, covering recent findings in genetics and the mind/body connection, and including a new chapter highlighting our growing understanding of the part also played by pregnancy in shaping a baby ...

Why Love Matters | Taylor & Francis Group

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Why Love Matters book. How affection shapes a baby's brain. By Sue Gerhardt. Edition 2nd Edition. First Published 2014. eBook Published 24 October 2014. Pub. location London. Imprint Routledge. DOI <https://doi.org/10.4324/9781315758312>.

Building a brain | Why Love Matters | Taylor & Francis Group

Babies love to touch and look at their carers, and these senses make social interactions pleasurable. The brain 's

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neural network is determined by social patterns. The human stress response has its uses, but it can also damage the health of both adults and babies.

Why Love Matters by Sue Gerhardt - [blinkist.com](http://blinkist.com)

The nature of love is about paying attention to the people who matter, about still giving when you are too tired to give. Be a mother who listens, a father who cuddles, a friend who calls back, a...

Does Science Need to Tell Us Why Affection Matters? | by ...  
Why Love Matters explains why loving relationships are essential to brain development in the early years, and how these early interactions can have lasting consequences for future emotional and physical health.

Why Love Matters : Sue Gerhardt : 9780415870535

One of the least egregious ones that deserves a lot more spotlight than it gets is the battle for Public Displays of Affection, commonly known as PDAs. I am about to lose a couple of readers so in theory I should get into why this matters. Instead of that, I would first like to point out how we lost it because this is a crucial part of the ...

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